

RIVER ROCK

KITCHEN

SMOOTHIES

BLUBERRY & SPINACH

Made with Almond Milk, Chia Seed, Avocado, and Granola

PEAR & SPINACH

Made with Coconut Water and Avocado

KALE AND SPINACH

Made with Banana, Mango, and Cinnamon

INVIGORATE

STEEL CUT OATMEAL

Green Apples, Walnuts, and Honey Drizzle

CRUNCHY GRANOLA

Greek Yogurt, Fresh Seasonal Berries, Walnuts

ASSORTED DRY CEREAL

Choose from a variety, including gluten-free options

EGG WHITE AND ALL NATURAL TURKEY OMELETTE

Laced with arugula and cheddar cheese, served with tomato avocado salad and hash browns or cured tomato.

OMELETTE MADE TO ORDER

Your choice of organic eggs or egg whites, choice of fillings, served with a side of hash browns or cured tomato.

SCRAMBLED EGG WRAP

Avocado, cheddar cheese, shaved turkey, chipotle salsa, and hash browns or cured tomato.

INDULGE

THE AMERICAN

Served with two Eggs, Hash Browns, Choice of one Meat, Breakfast Bread, Juice and Beverage

THE CONTINENTAL

Served with daily muffin, buttery croissant, Danish or toast, breakfast bread, juice, and beverage.

“WESTIN” EGGS BENEDICT

Toasted English Muffin, Baby Spinach, Smoked Salmon, Poached Eggs, Olive Oil-Citrus Hollandaise, Served with a side of Hash Browns or cured Tomato

ORGANIC GRANOLA YOGURT PANCAKES

Maple syrup, whipped butter, fresh berries, and orange supreme.

GLUTEN FREE FRENCH TOAST

Served with maple caramelized apples, dried cranberries, bourbon caramel sauce.

WILMINGTON WAFFLE

White chocolate chips, fresh blackberries, dark chocolate drizzle, and crème anglaise.

OPTIONS

PASTRY BASKET

Danish, daily muffin, croissant or toast with butter rosettes and preserves

MEATS

Sausage, turkey sausage, smoked bacon, scrapple, or grilled ham

BREADS

Toasted to golden brown: English muffin, white, wheat, rye, sourdough or gluten free.

YOGURT

Regular, low-fat, or Greek

BOWL OF FIELD GROWN BERRIES

A bright mix of the season's best

CRISPY HASH BROWNS

CURED TOMATO

BEVERAGES

JUICES

Orange: fresh – not from concentrate, grapefruit, apple, cranberry, tomato, V8

MILK

Whole, skim, soy, and 2%

ASSORTED TAZO TEAS

Regular and decaf

STARBUCKS COFFEE

Freshly brewed regular and decaf

CAPPUCCINO

ESPRESSO

HOT CHOCOLATE